



# Become an Assistant or Associate Professor of Kinesiology

Université de Montréal's [Faculty of Medicine](#) is one of the world's leading French-language medical faculties. In both teaching and research, its mission is to actively contribute to the advancement of knowledge and mastery of skills needed to improve healthcare.

The [School of Kinesiology and Physical Activity Sciences \(EKSAP\)](#) is a leader in training of physical activity specialists through an interdisciplinary approach to improve the health of populations, the practice of physical activity, and sports performance, all of which contributes to the development of Kinesiology. Professors and Researchers within EKSAP teach and study the link between physical activity, health, and performance through [three research themes](#). EKSAP, in conjunction with the Faculty of Education, also trains physical and health education (HPE) teachers.

## Day-to-day responsibilities

Through your undergraduate and graduate-level teaching, and your research activities, you will contribute to the faculty's pursuit of excellence. Furthermore, you will promote your discipline and actively participate in the daily activities of a renowned institution. As such, you will:

- Pursue high-level research, publication, and outreach activities in physical activity sciences;
- Demonstrate that your research will align with or complement the work of the School's Align with the [EKSAP's research themes](#), for example, by strengthening the themes on the benefits of physical activity for children's mental and cardiometabolic health, while contributing to the social and educational mission of PE programs.
- Teach at the undergraduate and graduate levels;
- Supervise graduate students (e.g., master's and doctoral programs in physical activity sciences and master's non-thesis programs in kinesiology);
- Contribute to the academic life of EKSAP, the institution, particularly within the HPE program.

## Qualifications

- Hold a bachelor's degree in HPE, Kinesiology or an equivalent field and a PhD in HPE, Kinesiology, or an equivalent field
- Possess **expertise** in the field of promoting physically active lifestyles in schools, with an **experience** in HPE teaching or HPE teacher training.
- Possesses in-depth **knowledge** of the principles underlying the adoption of a healthy and active lifestyle, along with the ability to design, implement, and evaluate **innovative interventions** that foster motivation, autonomy, and the long-term adoption of health-promoting behaviours among youth.
- Demonstrate an **ability to secure funding** and a **scientific output** that reflects original and significant contributions to the field.
- Shows academic leadership and visibility conducive to fostering interdisciplinary collaborations across internal, national, and international networks.
- Demonstrates the ability to deliver high-quality academic teaching and conduct research on physical activity, health, and education within school settings, as well as the capacity to build a broad professional network across the education sector.
- Demonstrated potential to mentor graduate students.
- Have adequate proficiency of the French language **or** be committed to learning it once hired, through the Université de Montréal's French language support program, in accordance with the [Université de Montréal language policy](#).

## Additional information about the position

- Competitive salary and a comprehensive range of benefits
- Expected start date: May 1, 2026
- Located at the Montréal Campus

## How to submit your application

The application file presented must include the following documents, to be submitted before November 24, 2025:

- A cover letter
- A curriculum vitae
- Copies of, or links to, three recent publications or research papers
- A statement outlining your teaching and mentoring experience and approach
- A research program proposal
- Contact details of three referees who will be solicited for a letter of recommendation

### Contact information

Julie Lavoie, Chair  
School of Kinesiology and Physical Activity Sciences  
[secretariat-direction@kinesio.umontreal.ca](mailto:secretariat-direction@kinesio.umontreal.ca)

We encourage you to complete the [self-identification questionnaire](#). More information is available in the *Equity, Diversity and Inclusion* section at the end of this document.

*As per UdeM's appointment procedures, members of the Assembly of Professors may consult all submitted application files. If you wish your application to remain confidential until the shortlist is established, please mention it in your application.*

- Medical, paramedical, dental and travel insurance
- Employee and Family Assistance Program along with an Institutional Health and Wellness Program
- Defined benefit pension plan with indexed pension payments upon retirement ([rrum.umontreal.ca](http://rrum.umontreal.ca))
- Life insurance and disability income insurance

- Up to two years of parental leave
- Reduced workload upon return from parental leave, until the child turns two
- Two on-campus childcare centres
- Summer camps and spring break camps at UdeM's Sports and Fitness Centre
- Compassionate leave

- Research and study leave
- Research start-up funding
- French language training program
- University-level teaching skills development activities
- Professional development and sabbatical leave allowance program
- Tuition waiver program for you, your spouse, and dependent children

Université de Montréal places the [values of diversity, equity and inclusion](#) at the heart of all its missions. Through its Equal Access to Employment Program, Université de Montréal invites women, Indigenous peoples, visible minorities, ethnic minorities, and people with disabilities to self-identify and apply. During the recruitment process, our selection tools will – confidentially – be adapted to meet the needs of individuals with limitations who request accommodation.

UdeM embraces a broad and inclusive definition of diversity that goes beyond applicable laws and encourages all qualified individuals to apply, regardless of their characteristics. In accordance with Canadian immigration requirements, priority will be given to Canadian citizens and permanent residents.

Completing the self-identification questionnaire is a voluntary process aimed at supporting a diverse and inclusive working and learning environment.

The personal information you provide through the questionnaire is valuable - it helps us improve our practices and comply with applicable legislation.

All personal information is confidential. You can rest assured that it will be collected and used in accordance with federal and provincial laws, will never be disclosed without your consent, and will not affect your hiring or career progression at Université de Montréal.